

 Generations Christian Church
Series **Study Guide**



Set to Score
August 21-22, 2010; Greg Johnson

Main Point: God does not want you to be another person; He wants to redeem you into the best version of you.

Generate

The Bible says Solomon pursued every pleasure imaginable in his search for meaning. Apply this to your own life. What pleasures have you pursued that you eventually found meaningless?

Core

1. What is it about the pursuit of pleasures that leaves us feeling empty?
2. If someone were to ask you how your spiritual life is going, what factors would you consider in your response? How would you go about assessing yourself?
3. In *The Me I Want to Be*, Ortberg says a wise man suggested answering the spiritual life assessment question referred to above by responding to the following two questions:
1) Am I growing more easily discouraged these days? 2) Am I growing more easily irritated these days? How would you answer these questions today? From your answers, how would you gauge your spiritual life?
4. Being a new creation doesn't mean becoming completely different; it means being restored to our intended beauty. What holds you back from leaning into becoming all God intended you to be? How does your hesitation in that area affect those around you?
5. Read John 7:37-39. Which areas in your "being" need the restorative, living water that Jesus freely offers? What is your role in receiving the nourishment you need to flourish?
6. What would it look like if you were to give grace to yourself when you aren't flourishing and being the me you want to be? How might that affect those around you?

Challenge

Until you hand God the keys to your life, you will not become the "me I want to be." Take time to really look at your life and ask God to help you see areas you still need to turn over to Him. Ask Him to help you to surrender and to abide in Jesus. Pray for the Lord's promptings this week to be strong and that He will give you the courage to follow Him.

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