

SeriesNotes



Part 2: A New Playbook | August 28 - 29, 2010

Main Point: “The me I want to be” is fully alive in my spirit. I am transformed; my past sins, guilt, and shame have been removed and replaced with new life.

In order to be the “me I want to be,” you need a garbage can and a recycling bag. Without both, you’ll end up languishing instead of flourishing.

Psalm 51:1-3 Have mercy on me, O God, because of Your unfailing love. Because of Your great compassion, blot out the stain of my sins. Wash me clean from my guilt. Purify me from my sin. For I recognize my rebellion; it haunts me day and night.

Here’s the key: a secret sin cannot co-exist with inner peace. That’s why we all need a trash can.

Psalm 32:1 Oh, what joy for those whose disobedience is forgiven, whose sin is put out of sight! Yes, what joy for those whose record the LORD has cleared of guilt, whose lives are lived in complete honesty! When I refused to confess my sin, my body wasted away, and I groaned all day long.

Psalm 32:5 Finally, I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, “I will confess my rebellion to the LORD.” And You forgave me! All my guilt is gone.

When you confess your sin to the Lord, not only are you free from that SIN, but the GUILT is removed as well. We must toss our guilt into the trash can, or Satan will use it to cause us to feel shame. When we throw away the guilt, it is gone forever, no longer a roadblock in our lives.

2 Corinthians 5:17 This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

John 7:37 & 38 Jesus stood and shouted to the crowds, “Anyone who is thirsty may come to me! Anyone who believes in me may come and drink! For the Scriptures declare, ‘Rivers of living water will flow from his heart.’”

Once Jesus takes away your guilt and shame and hauls it away, you will need to learn to live in your new identity so you can be in the flow of living water. Just as Tim Tebow is learning a new playbook in the NFL, you, too, will experience retraining, retraining of your mind.

Notes: _____

#1 Think great thoughts. You are being transformed by God into a new person.

Romans 12:2 Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.

If you belong to Jesus Christ, a transaction has happened in heaven between God and you, and in that transaction, God transformed you into a new person.

Notes: _____

#2 Set your mind. Think about God's Word.

Colossians 3:2 Set your minds on things above, not on earthly things.

Romans 8:5 "...those who live in accordance with the Spirit have their minds set on what the Spirit desires."

You have a new playbook, God's Word; and if you meditate on it, you will begin to see life from God's vantage point.

Isaiah 26:3 You will keep in perfect peace all who trust in You, all whose thoughts are fixed on You!

Notes: _____

#3 Feed your mind.

It's important to find a quiet place where you can feed your mind with God's Word, a secluded place where you won't be tempted to role-play before the Lord.

In his book, "The Me I Want to Be," John Ortberg says..."One of the greatest gifts God has given the human race is Scripture...yet we often turn it into a burden."

Notes: _____

The reason you read your Bible is not to get a gold star or check mark of God's approval. You read the Bible so you can live in the flow of the Spirit of God. The Bible is the single most important tool that you have at your disposal.

Challenge: Read a little of the Bible each day for the next 7 days. Find a nugget to hang onto, to think about, and take the thought with you through your day.

(To DOWNLOAD these NOTES and a corresponding STUDY GUIDE go to: www.generationscc.com)